



# LA VOX

Monthly Newsletter



**LOYOLA SCHOOL**  
KOZHIKODE



## CONTENTS

---

**03** Principal's Message

---

**04** Kids Sports Day

---

**05** Republic Day

---

**06** A Celebration of Democracy and Unity

---

**07** Accelerated Learning

---

**07** Beyond Memorisation:  
The Power of Thoughtful Learning

---

**08** Lessons from a Space Explorer

---

**08** A moment with Sunitha Williams

---

**09** Feminism: Society's Perception Vs. Reality

---

**10** Ink, Imagination, and Inga

---

**10** A Storytelling Spark at Loyola School

---

**11** Colour Blindness: A Different Way of Seeing

---

**11** Investiture Ceremony of the Scouts and Guides

---

**12** LOY BOND: A bond is not built in a day; it is felt  
in shared moments that stay forever."

---

**13** LOY BOND: A Celebration of Togetherness

---

**14** LOY BOND: The journey to the stage... from  
"can we?" to "we did!"

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**Fr Roy Alex SJ**

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## PRINCIPAL'S MESSAGE

Dear Parents and Students

### Loy Bond: When a School Truly Became One Family

There are rare moments in the life of a school that rise above timetables, stages, and programmes - moments that quietly touch hearts and leave a lasting imprint. Loy Bond – One School, One Family, the Parents and Grandparents Day celebration, was one such defining moment. It was not merely an event to be remembered, but an experience to be felt—an expression of togetherness, belonging, and shared joy.

From morning till evening, the Loyola campus radiated a special warmth. Parents and grandparents arrived not as spectators, but as active partners in the life of the school—performers, collaborators, and proud members of one extended Loyola family. Classrooms transformed into spaces of shared creativity, corridors echoed with laughter and conversation, and the stage became a meeting place of generations, where stories, talents, and emotions flowed freely.

The true success of Loy Bond lay not only in the 72 thoughtfully presented programmes, but in the spirit that shaped them. Meticulous planning, constant communication, and tireless effort came together in perfect harmony, reflecting a deep sense of unity and shared responsibility. The leadership and commitment of the PTA President, Ashik Sir, Vice President, Aby Sir, PTA Secretary Ms. Sajana, and the entire PTA team were instrumental in bringing this vision to life. Their collective effort in uniting parents, overcoming challenges, and translating an idea into a living reality deserves sincere appreciation.

One of the most beautiful outcomes of Loy Bond was

the strengthening of class-level bonds. Parents who once recognised only a few familiar faces soon discovered a wider circle of trust and friendship. Practice sessions in homes, shared meals, late-evening discussions, and collective problem-solving quietly wove strong connections. For the children, this was a powerful lesson—seeing their parents and grandparents present within their school space, cheering, participating, and truly belonging.

Perhaps the most touching moments were those when grandparents stepped onto the stage, many for the first time in their lives, performing alongside parents. These were not just performances; they were milestones—memories etched forever in family histories. When children saw their classrooms filled with parents and grandparents, school ceased to be merely an institution; it became an extension of home.

The smooth and disciplined flow of the entire programme stood as a testament to the dedication of our teachers, whose guidance, coordination, and quiet professionalism held every moment together. Their behind-the-scenes commitment ensured that joy remained meaningful and celebration retained its grace.

As the day gently drew to a close, what lingered was not tiredness, but a deep sense of fullness—of hearts enriched, minds inspired, and relationships strengthened. Loy Bond reaffirmed a timeless truth: education flourishes best when school and family walk hand in hand, when voices are heard, efforts are shared, and relationships are nurtured with care.

As we move forward into the month of February, the spirit of togetherness continues to guide us. With the ICSE Board Examinations beginning on 17th February, the campus is now filled with focused preparation, quiet determination, and collective support. The strength of Loy Bond reminds our students that they are not alone—that behind every effort stands a school and a family united in hope and encouragement.

May this spirit continue to shape Loyola School, helping it grow not only in academic excellence, but in character, compassion, and humanity—as one school, and truly, one family.

Principal  
Fr Roy Alex SJ

# Kids' Sports Day



Kids' Sports Day was joyfully conducted on 21st January, filling the campus with colour, energy, and excitement. The programme began with an impressive march past, where young students, dressed in different house colours, marched with confidence and discipline, proudly representing their respective houses.

The synchronised mass drills that followed were a visual delight. With coordinated movements and cheerful enthusiasm, the children displayed teamwork, rhythm, and perfect harmony, earning warm applause from all present. Each house showcased its unique spirit, turning the field into a vibrant display of colour and unity.

The march past stood out as a truly wonderful spectacle, reflecting the dedication, practice, and collective effort of the students and teachers alike. The event was not merely a celebration of sports, but a joyful expression of discipline, cooperation, and youthful vitality.

Kids' Sports Day was a memorable occasion that highlighted the joy of participation and the importance of physical activity, leaving behind smiles, laughter, and lasting memories.





# REPUBLIC DAY



Republic Day was celebrated with great pride and patriotic fervour at Loyola School, Kozhikode. The occasion was graced by the presence of the Honourable Mayor of Kozhikode, Shri O. Sadasivan, who served as the Chief Guest for the celebration.

The programme began on a solemn note with the reading of the Preamble of the Indian Constitution, reminding students and staff of the core values of justice, liberty, equality, and fraternity that guide our nation. This meaningful moment instilled a deep sense of national responsibility and unity among the gathering.

The celebration was further enlivened by a series of colourful cultural programmes presented by the students, reflecting the rich diversity, heritage, and spirit of India. Through song, dance, and expressive performances, the students paid heartfelt tribute to the ideals and sacrifices that shaped the Republic.



# REPUBLIC DAY

## A Celebration of Democracy and Unity



**Evan George K**  
Class IX A



Every year on 26th January, India celebrates Republic Day with great excitement, pride, and patriotism. This year, on 26th January 2026, the entire nation proudly marked the 77th Republic Day, commemorating one of the most important milestones in Indian history.

Republic Day is celebrated to honour the day when the Indian Constitution came into effect. Although India gained independence on 15th August 1947, it became a sovereign democratic republic only when the Constitution was implemented on 26th January 1950. From that day onwards, Indian citizens gained the power to choose their leaders and live under a system of law that guarantees justice, liberty, equality, and fraternity for all.

A grand parade is held in New Delhi at Kartavya Path, where the President of India unfurls the National Flag and the entire nation stands to sing the National Anthem. The parade showcases India's discipline, cultural diversity, and military strength.

Across the country, schools celebrate Republic Day with great enthusiasm and joy. In our school, Loyola School, the celebration was meaningful and vibrant. Students sang patriotic songs, performed dances, and presented colourful flash mobs. Every student enjoyed the programme and felt proud to be an Indian. The function was honoured by the presence of the Honourable Mayor of Kozhikode, Mr. O. Sathashivan.

Republic Day is not just a holiday; it is a day to remember:

- our freedom fighters,
- the creation of the Constitution, and
- the unity of our nation.

Republic Day reminds us each year that we are all part of one big family called India—strong, diverse, and proud.

*"Unity in diversity, strength in democracy."*

# ACCELERATED LEARNING



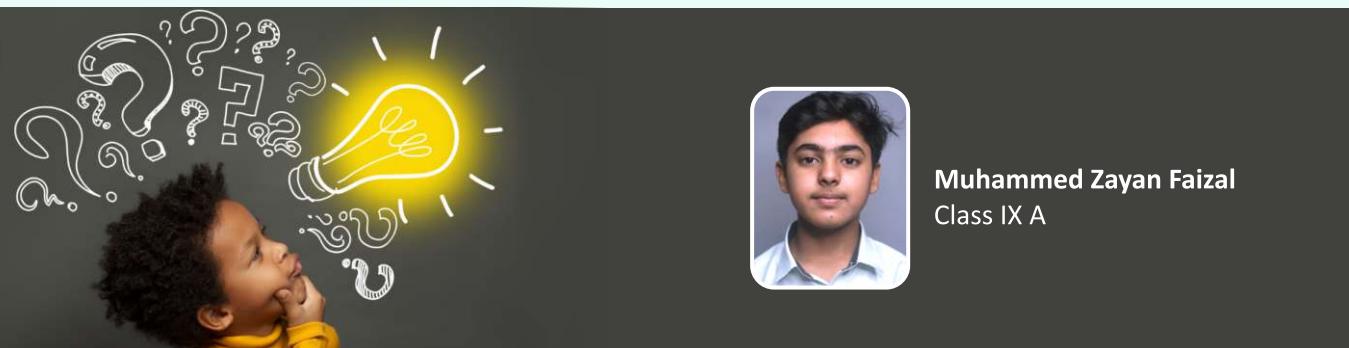
A special and highly enriching session was conducted today for the students of Classes V to IX at the school on the topic "Accelerated Learning: The Role of Belief Systems, Strategies, and Focus." The session was led by Dr. M. D. Ahmmmed, a renowned expert in cognitive development, an acclaimed memory trainer, and a Guinness World Record holder in super memory.

The talk was both enlightening and motivational, opening young minds to the limitless potential of the human brain. Dr. Ahmmmed skillfully guided the students to understand how belief systems shape learning, how

effective strategies enhance memory, and how focused attention accelerates academic success. Through engaging explanations, real-life examples, and interactive moments, he inspired students to believe in themselves and approach learning with confidence and clarity.

The session emphasized that learning is not merely about hard work, but about smart work, self-belief, and disciplined focus. Students were encouraged to break mental barriers, adopt positive thinking, and develop habits that strengthen concentration and retention.

The programme left a lasting impression on the young learners, equipping them with practical tools and renewed motivation to excel academically and personally. It was indeed a valuable and transformative experience, reinforcing the school's commitment to nurturing confident, capable, and focused learners.



**Muhammed Zayan Faizal**  
Class IX A

## Beyond Memorisation: The Power of Thoughtful Learning

Learning becomes truly meaningful when it moves beyond memorisation. Thoughtful learning encourages students to understand concepts deeply and to ask meaningful questions. This approach helps learners apply knowledge to real-life situations while developing independent thinking, confidence, and strong decision-making skills.

Thoughtful learning also nurtures creativity and problem-solving abilities. Students learn to view challenges as opportunities for growth rather than as obstacles.

In conclusion, the power of thoughtful learning lies in shaping curious and responsible individuals. It transforms education into a purposeful, lifelong journey. As Albert Einstein once said, "Learning is not the product of teaching; learning is the product of the activity of learners." This quotation beautifully highlights the importance of active thinking in education.



**Uthara Nidhish**  
Class IX B

## Lessons from a Space Explorer

It was truly an honour to attend an interactive session with Ms. Sunita Williams at KLF 2026. As a ninth-standard student, the experience was both inspiring and memorable. During the session, she spoke about her life in space, her daily routine aboard the space station, and how astronauts balance their work, health, and emotions in space.

She also shared insights about her family, her sources of strength, and her stress busters. She emphasized how important her family's support was throughout her journey. When one of the students asked who inspired her the most, she proudly answered that it was her loving father. She explained how her father's encouragement and values helped shape both her life and her career.

When a student asked about her life in space during the 286 days she spent there along with her crewmembers, she calmly said that it was not easy, yet it was an enriching experience. She mentioned that they celebrated special occasions such as Halloween, birthdays, and many other events. To make their leisure time more enjoyable, they also conducted various experiments.

One thought-provoking question raised by a student was why the huge amount of money spent on astrophysics could not be used to address poverty in the nation. After the question session, Ms. Sunita played a video of herself and her crewmates enjoying their life in space. I was amazed by the breathtaking visuals of Earth from the space station.

Overall, the session was extremely inspiring, and I felt proud and honoured to have attended an interaction with Ms. Sunita Williams.

### A MOMENT WITH SUNITHA WILLIAMS



It was a moment of immense pride for the Loyola family as Manavedan of Class VIII created a stunning portrait of astronaut Sunitha Williams, showcasing exceptional talent and artistic sensitivity. The portrait beautifully captured not just her likeness, but also the spirit of determination and excellence she represents.

Seeing Sunitha Williams proudly holding the artwork drawn by our young talent made the moment even more special and inspiring. It stands as a powerful reminder that creativity, when nurtured, can reach extraordinary heights.



**Nyra Sruthi Nrupen**  
 Class IX A

# Feminism: Society's Perception Vs. Reality

When society hears the word feminism, many people make faces or immediately judge it. However, the truth is that most of them do not actually know what *feminism* means. In reality, feminism is very simple: it is the belief that women deserve equal social, economic, and political rights and freedom. It does not mean that women are superior to men. Instead, it supports the right of everyone to be treated equally.

By freedom and rights, feminism means that no one should be questioned or judged for their personal choices. Unfortunately, many myths about feminism still exist in society. One common myth is that feminists hate traditional roles. Feminism is not about rejecting traditional roles, but about giving individuals the freedom to choose the role that suits them best. A woman choosing to be a homemaker is just as valid as choosing a career. Feminism supports choice, not force.

Another myth is that feminism is no longer necessary. Some people argue that feminism has already achieved its goals. However, gender inequality still exists in many forms, such as the gender pay gap, lack of reproductive rights, and the underrepresentation of women in leadership roles. Because of this, feminism remains relevant in today's world.

Many also believe that feminism focuses only on gender issues. In reality, feminism addresses many interconnected issues such as LGBTQIA+ rights, racial equality, and economic justice. It recognizes that discrimination often overlaps, and true equality can only be achieved when all forms of injustice are addressed together.

Some people think that feminism is a Western concept. This is not true. Feminism is a global movement that exists in different forms across cultures and countries, shaped by social and historical contexts. Another misconception is that feminism conflicts with religious values. Feminism does not discourage women from following their religion or believing in God. Religion itself is not inherently sexist; however, patriarchal interpretations have often influenced religious practices. Feminism encourages women's voices to be included in interpreting faith, ensuring fairness and equality.

The perception of feminism often differs from its true meaning due to stereotypes, media misrepresentation, and confusion with extreme views. While society may label feminism as "anti-men" or radical, in reality, it is a diverse global movement that aims to dismantle patriarchal systems and achieve social, political, and economic equality for all genders.

In the end, feminism is not about power or superiority, but about fairness, freedom, and respect. Understanding its true meaning helps society move beyond stereotypes and take a step closer to real equality for everyone.

# Ink, Imagination, and Inga

## A Storytelling Spark at Loyola School



Aman P Nair  
 Class VII B

Loyola School Kozhikode welcomed Inga Marie Ramcke, a well-known children's book writer from Germany. She writes engaging stories that ignite imagination and curiosity in kids. Her books are enjoyable and feature interesting characters.

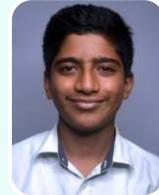
I was excited to meet Inga and listen to her stories. She shared her journey as a writer and answered our questions cheerfully. I enjoyed her interactive storytelling session, which made her characters come alive. Now I am really eager to read more books and dive into the world of reading.

Meeting a writer from Germany made me realize that stories have no borders and can connect people from all walks of life. It was fascinating to learn how her culture influences her writing style and character development. I hope this is just the beginning of many more literary adventures to come. It was a wonderful experience, and I am happy to have hosted Inga at our school. I feel inspired to develop a love for reading and perhaps create my own story one day.



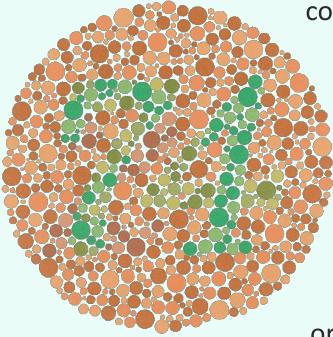
# COLOUR BLINDNESS:

## A Different Way of Seeing



Jasrang  
Class IX B

Imagine living in a world where the blue ocean and the red sky at dawn appear to be the same colour. For a large section of the population, this is not imagination but reality. This inability to distinguish between certain colours is known as Colour Vision Deficiency (CVD), more commonly called colour blindness. It is not a disease or an abnormal condition, but simply a different way in which some people see the world.



When a person says that he or she is colourblind, most people assume that the world appears only in black and white. This is rarely true. Colour blindness usually refers to difficulty in distinguishing between certain colours such as red, green, yellow, or blue. It is more common in males than in females.

When people make fun of individuals who are colourblind or judge them because they cannot enter certain professions that require colour perception, such as driving or medicine, they often fail to recognize the achievements of many great personalities.

Notable individuals such as Mark Zuckerberg (Founder of Facebook), Bill Clinton (Former U.S. President), and John Dalton (a renowned chemist) were colourblind.

Fortunately, I am also colourblind.

## INVESTITURE CEREMONY OF THE SCOUTS AND GUIDES



The Investiture Ceremony of the Scouts and Guides was held on 21st January in an atmosphere of pride, discipline, and commitment. The ceremony marked an important milestone in the journey of young Scouts and Guides as they formally pledged themselves to the ideals of service, duty, and leadership.

The event was conducted with dignity and solemnity, reflecting the core values of the Scouting and Guiding movement. Newly invested members proudly received their badges and scarves, symbolising responsibility, unity, and readiness to serve. The ceremony instilled a deep sense of belonging and purpose among the students.

The Investiture Ceremony served as a meaningful reminder that Scouts and Guides are not just a uniformed group, but a community of young individuals committed to character building, teamwork, and selfless service. The programme concluded on a note of inspiration, encouraging the students to uphold the Scout and Guide promise in their daily lives.



**A bond is not built in a day; it is felt in shared moments that stay forever.”**

LOYBOND, the Parents & Grandparents Day celebration at Loyola School, Kozhikode, was more than a cultural event—it was the living meaning of its name. True to its essence, LOYBOND created a deep emotional connection that brought together parents, grandparents, teachers, students, and staff, transforming the school campus into one warm, extended family. It was a celebration where relationships strengthened, hearts connected, and bonds were forged beyond classrooms and generations—beautifully echoing the spirit of One School—One Family.

The day began with a dignified and deeply touching inaugural session that itself symbolised bonding across generations. The event was inaugurated by the former Principal of Loyola School, Rev. Fr. Xavier Valyakam, aged 88, along with 91-year-old great grandmother Yesodamma and the much-loved grandparent Maniyan Chettan. The formal function opened with a soulful prayer song by a grandparent, setting a serene tone that reminded everyone of the values Loyola stands for—respect, gratitude, and togetherness.

What was initially planned as a 2–3 hour programme with just 15–20 items gradually blossomed into a full-day celebration, featuring 72 cultural items and over 200 participants. The overwhelming response reflected not just enthusiasm, but the emotional ownership families felt toward the event.

The stage came alive with a rich blend of tradition and creativity—graceful Oppana, rhythmic Kolkali, elegant fashion shows, energetic fusion dances, and the awe-inspiring presence of Theyyam, complete with elaborate makeup and majestic costumes. A particularly heart-warming highlight was the fancy dress performances by grandparents, which drew loud applause and admiration, reminding everyone that creativity and confidence only grow richer with age. Adding depth to the celebration were the soulful group songs, duets, and solo performances, each resonating with emotion and nostalgia.

Beyond the performances, LOYBOND lived in the moments between them. The photo spot became a vibrant space of connection, where parents, grandparents, teachers, and students paused to capture memories—silent yet powerful reminders of the bonding that unfolded throughout the day. One of the most touching sights was seeing grandparents step onto the stage—some of them for the very



**Aby Abraham**  
 PTA - Vice President

first time—supported and cheered by students, teachers, and fellow parents alike. The invisible bond between generations was visible in every smile, every encouraging clap, and every shared glance.

As the event neared its close, the bond grew even stronger. The final moments witnessed a spontaneous and joyful scene—teachers, parents, and staff from the audience joining the dance floor, moving together to lively songs and DJ beats. That unplanned celebration symbolised the very heart of LOYBOND—where roles dissolved, differences disappeared, and everyone danced simply as one family.

The remarkable success of LOYBOND was possible only because everyone came together as one—the school leadership guided by Principal Rev. Fr. Roy Alex, the PTA Council led by its President Mr. Ashik Krishnan, along with teachers, non-teaching staff, parents, grandparents, and students. The wholehearted dedication and seamless coordination of the organising team ensured that the spirit of bonding was felt in every moment of the day.

As Helen Keller beautifully said,  
 “Alone we can do so little; together we can do so much.”

LOYBOND proved that Loyola School is not just a place of learning—it is a place of belonging, where bonds are nurtured, emotions are shared, and families grow together.



**SAJANA PK**  
 PTA - Secretary

## A Celebration of Togetherness



The LOY BOND initiative stands as a meaningful reflection of Father's vision to strengthen the bond between the school, parents, and families. Conceived and guided by Father, this initiative encouraged active parental involvement and created a platform for unity, collaboration, and shared celebration.

As a parent, I had the privilege of serving as a PTA Executive for my son's class and later for Loy Bond as well. While bringing parents together initially appeared to be a challenge, Father's guidance and encouragement inspired confidence and collective participation.

With the support of the class teacher, parents were contacted individually using the contact details shared in the newly created group. Although many parents initially sought clarity regarding the process and expectations, the response was overwhelmingly positive. Parents came forward with enthusiasm, cooperation, and a strong sense of togetherness.

The class successfully conducted seven programs, with active participation from parents and grandparents alike. Despite their busy schedules, parents attended meetings and practice sessions with commitment and sincerity.

These collective efforts culminated in a memorable

stage presentation on 26 January 2026, where the results were truly commendable. For several participants, it was their first-ever stage performance, while others were finally given a platform to showcase talents they had nurtured over the years.

We extend our heartfelt gratitude to Principal Father Roy Alex for this inspiring initiative and for his continued leadership. We also thank everyone who worked tirelessly behind the scenes to ensure the smooth and successful execution of the program.

A special note of appreciation is due to the class teacher, Athira Ma'am, whose constant support played a vital role throughout the journey.

The success of the program was evident not only in its flawless execution but also in the overwhelmingly positive feedback received. The true credit belongs to the principal, whose vision laid the foundation for this meaningful initiative.

No words are enough to thank PTA President Ashiq Krishnan and Vice President Aby Abraham, who embraced Father's idea and led it with heart and commitment. Their support and dedication can only be answered with love and deep respect.

We look forward to many more such enriching programs under Father's guidance and assure our continued support in all future endeavors.

# LOY BOND

ONE SCHOOL, ONE FAMILY



**AMRITA DIN**  
 Parent of  
 AYAAN THEKKAYIL  
 Class: IV-A

## The journey to the stage... from "can we?" to "we did"!

January 26th, traditionally observed as Republic Day, gained a much deeper emotional value for the Loyola community with the launch of Loy Bond. Guided by the motto "One School, One family," the initiative brought grandparents, parents, students, and teachers together in a meaningful celebration of unity. As a parent, we owe a debt of gratitude to our Principal, Fr. Roy Alex SJ, for his visionary leadership in introducing this unique initiative. The programme was specially conducted for the grandparents, with the parents of each grade coming together to plan and present performances dedicated to them, making the event vibrant and successful. The inauguration by Rev. Fr. Xavier, former principal and respected pillar of the Loyola family, along with the presence of our grandparents, set a warm and dignified tone. The theme song, composed by a parent and performed by our teacher, further enriched the occasion.

The highlight of the event was the presence of our grandparents, who were not just honored guests but the heart of the celebration. Adding to the joy, grandparents were also given opportunities to take the stage. It is truly inspiring to watch grandparents set aside physical discomfort to perform, proving that no obstacle is too great for family. Many of them sang, danced, and participated with great enthusiasm. The real Loy Bond was built not on stage, but during laughter-filled rehearsals and open school gates even on Sundays. Few parents who had never performed before found the courage to dance and sing inspired by their children and supported by teachers.

The energy was magnetic from the first act to the final bow the school stayed packed with a cheering crowd. This successful event was made possible by the collective efforts of the school management, dedicated teachers and the committed leadership of the PTA president, Vice President and secretary. By creating a platform where families felt valued and recognised, Loyola has strengthened a lasting bond that will positively influence our children's lives. The excitement and ideas already emerging for next year stand as a true reflection of the event's success and impact.













# STAFF TOUR

An exciting and refreshing staff tour was organised on 31st January, offering the teachers a much-needed break from routine and a joyful time of togetherness. The journey took the team to Kappad, where the spirit of travel and camaraderie set the tone for the day.

A memorable highlight of the tour was the boating experience in the tranquil Akalapuzha backwaters, where gentle ripples and lush surroundings created moments of peace and laughter. The journey continued to Aruvipara Waterfall at Anakkampoyil, where the calm serenity of cascading waters and nature's beauty offered relaxation and renewal.

Throughout the tour, teachers cherished the moments of bonding, shared laughter, and unity, strengthening relationships beyond the classroom. The day concluded with hearts full of joy, refreshed minds, and beautiful memories that will be treasured for long.

